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# REGULATIONS of the 9th NIGHT WROCŁAW HALF MARATHON Wrocław, 17 June 2023

#### I. PURPOSE

- 1. To popularise and promote running as a form of physical activity.
- 2. Promotion of the City of Wrocław.

#### II. ORGANISER

The organiser of the half-marathon is the Municipality of Wrocław - Młodzieżowe Centrum Sportu Wrocław (Youth Sports Centre Wrocław), PL 51-612 Wrocław, al. I. J. Paderewskiego 35, tel. +48 717334079, e-mail: <a href="mailto:biuro@wroclawmaraton.pl">biuro@wroclawmaraton.pl</a>.

# **III.DATE AND PLACE**

- 1. The run will take place on 17 June 2023 along the streets of Wrocław on a single loop.
- 2. **Start:** Olympic Stadium at 10 p.m. Competitors must report for the start from 9.15 to 9.45 p.m. **Finish**: Olympic Stadium grounds.
- 3. The route runs through the streets of Wrocław. Route length: 21.0975 km. The route will be certified by AIMS, PZLA.
- 4. Competitors line up at the starting line in the following order: at the starting line the elite of the half-marathon competitors numbered from 1 to 200. Approximately 10 m behind the elite, the remaining competitors line up. Other competitors must line up in zones appropriate to their sporting level, which will be marked out at the Olympic Stadium.

The elite of the half marathon shall include:

- 1) athletes designated by the Director,
- 2) Marathon Golden Two competitors who have completed all the Ślężan Marathons and the Wrocław Marathons.
- 5. The start of the athletes will take place in waves. The elite will start first, followed by the competitors according to their declared times for completing the half marathon. Group starts will take place at intervals.
- 6. The route will be closed to longitudinal traffic in accordance with the decision to use the half marathon route in a special way. Competitors are subject to a time limit of 3 hours net. Competitors who reach a time of more than 1.5 hours at the half-marathon finish line will be required to stop running and leave the race route. All competitors who do not reach the finish line by 01.30 a.m. will be obliged to stop running and leave the route or get to the finish line in a vehicle marked END OF THE RUN.
- 7. The route of the half-marathon runs on asphalt, with exceptions in the form of cobblestone surfaces. A precise indication of the percentage length of the cobblestone sections will be announced in a separate run announcement.
- 8. The organiser reserves the right to change the announced running route.
- 9. All kilometres will be marked along the route: from 1 to 21 (every 1 km).
- 10. Timing points will be located at: the start; 5; 10; 15; 20, kilometre and the finish.



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11. Hydration points with water will be located at approximately **5**, **10**, **15**, **18** km. The points at **10** km and **18** km will additionally be stocked with isotonic drinks and nutritional products.

There will be additional facilities at the water points:

- medical posts,
- toilets.

A minimum of two or a maximum of four water curtains will be prepared along the route.

A minimum of two or a maximum of three water tanks will be prepared along the route for refreshment.

#### IV. PARTICIPATION

- 1. Persons who will be 18 years of age by 17.06.2023 are eligible to participate in the 9th Night Wroclaw Half Marathon.
- 2. All competitors participating in the 9th Night Wrocław Half Marathon must be verified at the Secretariat of the Half Marathon located at the Olympic Stadium in Wrocław at al. I. J. Paderewskiego 35. Verification of competitors will take place
  - 1) on Thursday 15.06.2023 between 3 p.m. and 8 p.m.,
  - 2) on Friday 16.06.2023 between 10 a.m. and 8 p.m.,
  - 3) on Saturday 17.06.2023 between 100 a.m. to 8 p.m.,
- 3. The Secretariat will carry out the verification of the competitors, issue the starting numbers and the starting packs as referred to in Chapter IX, point 4 of these Regulations.
- 4. It is the responsibility of the runners to:
  - 1) submit to the competition office a confirmation of your entry in the form of a QR code (printed or on your phone) to be downloaded from your profile on the entry portal, an e-mail message received from the organiser or a text message received from the organiser before the run,
  - 2) in the absence of a QR code, possession of an identity card or passport to verify identity, date of birth and nationality,
  - 3) If it is not possible to collect the start package in person, a person authorised by the competitor must be present to collect the start package. This person will report to the race office with a QR code provided by a runner.
- 5. In the 9th Night Wrocław Half Marathon time measurement and ranking will be carried out by means of an electronic system based on chips glued to start numbers. Each participant will receive a starting number with a chip during verification. The first 50 people will be classified according to their place at the finish line (gross time). The 51st and subsequent persons will be classified according to the time actually achieved in running the half-marathon (net time). To start in the half marathon and to be classified in the final announcement it is a condition to have a number during the whole race, to move only along the half marathon route and to pass through all time control points. During the race all competitors must have starting numbers attached to their shirts on their chests. Under penalty of disqualification, it is not permitted to cover the start number (in part or in whole) and to shorten the route.
- 6. The depository will accept the personal belongings of the competitors on 17 June 2023 from 5 p.m. to 8 p.m.. The belongings will be marked with the order numbers in the depository. Items will be available for collection until 18 June 2023 at 02.30 a.m. Bags will be issued from the depository on presentation of the order number. The loss of the number by the competitor relieves the organiser of responsibility for the collection of the bag by another person.



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7. On 17.06.2023 the toilets will be located in the Olympic Stadium near the start and finish.

# V. APPLICATIONS

- 1. Applications to take part in the 9th Night Wroclaw Half Marathon will be accepted only in electronic form by filling in the application form on the half marathon website www.pol.wroclawmaraton.pl.
- **2.** An entry is considered to be the completion of two actions by the athlete in order:
  - 1) filling in the application form on the website <a href="www.pol.wroclawmaraton.pl">www.pol.wroclawmaraton.pl</a>,
  - 2) pay for the participation package via electronic payment in the online entry panel.
- 3. The application for participation in the 9th Night Wrocław Half Marathon constitutes at the same time a confirmation that the competitors are familiar with these Rules and Regulations, that they undertake to comply with them and agree to the use of the image of the participants, including the use of this data in television, radio, Internet and printed broadcasts, as well as to the sending by the organisers of information and surveys concerning the current and future competitions organised by the organisers of the 9th Night Wrocław Half Marathon to the e-mail address of the competitors.
- **4.** The competitor's details will appear on the entry list once the payment has been credited.
- 5. Amount of charges
  - 1) Types of starter packs:
    - a. **Pack 1** includes a starting number with a chip, safety pins, rules and regulations with a map of the route (online), a commemorative bag of the race with gadgets from partners, a deposit bag, accident insurance. Water, isotonic drinks, nutritional products on the route. Water, drinks, warm regeneration meal at the finish line.
    - b. Pack 2 contains the elements of pack 1 and a running shirt,
    - c. **Pack 3** includes elements of pack 1 as well as a half marathon shirt and towel.
  - 2) Due to the limited number of participants **(8,000 limit)** and the need to prepare special numbers and entry packs (pack 1, pack 2, pack 3), the following entry fees will be accepted within the respective limits, except for competitors aged 60 and over:
    - a) up to 2000 participants
      - 1 PLN 100
      - 2 PLN 150
      - 3 PLN 200
    - b) up to 6,000 participants
      - 1 PLN 150
      - 2 PLN 200
      - 3 PLN 250
    - c) up to 8,000 participants
      - 1 PLN 180
      - 2 PLN 230
      - 3 PLN 280
  - 3) Competitors who are 60 years of age or older (born 1963 or older) who fill in the entry form until the limit of places is reached will pay a starting package fee of PLN 1 for Pack 1.
  - 4) purchase of pack 2 or pack 3 is possible until 28.02.2023. The stated deadline may be extended, which will be announced in a separate announcement on the run website.



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- **6.** A competitor has the right to resign from participation in the 9th Night Wroclaw Half Marathon by 15.03.2023. In order to resign, the competitor must send an e-mail message to biuro@wroclawmaraton.pl. The entry fee will be refunded within 14 days of sending the message.
- 7. The right to start in the 9th Night Wrocław Half Marathon on condition of registration and payment of **PLN 1, only** for the pack 1 before the limit of places is reached, has:
  - 1) Golden Two of the Wrocław Marathon (competitors who have completed all the Ślężan Marathon and the Wrocław Marathon),
  - 2) Winners of the Ślężan Marathon, the Wrocław Marathon and the Night Wrocław Half Marathon,
  - 3) Winners of the age categories of the 8th Night Wrocław Half Marathon,
  - 4) Competitors invited by the Half Marathon Director.
- **8.** The organiser reserves the right to send information concerning the 9th Night Wrocław Half Marathon to the email address indicated by the competitor in the entry form.
- 9. Runners can only assign entry fees from the online entry level. Assignments of entry fees for Pack 1 are possible until 31 May 2023. Assignments of Packs 2 and 3 are possible until 28 February 2023 or according to the date specified by the organiser.

#### VI. CLASSIFICATIONS

There will be individual classifications in the 9th Night Wroclaw Half Marathon:

- 1) women, men
- 2) citizens of the Republic of Poland, in terms of age for women and men:
  - F and M 20:18 29 years old, F and M 40:40 49 years old, F and M 60:60 –69 years
     F and M 80:80 and older,
  - F and M 30:30 39 years old, F and M 50:50 59 years old, F and M 70:70 -79 years,
- 3) team: top three finishers of a given team regardless of gender, on the condition that the team name is identical (the winner is determined by the best total of team members' times).

# **VII.AWARDS**

- 1. The winners of the 9th Night Wroclaw Half Marathon will receive:
  - 1) cups in:
    - a) Men's classification: 1st, 2nd, 3rd place,
    - b) Women's classification: 1st, 2nd, 3rd place,
    - c) female citizens of the Republic of Poland: 1st, 2nd, 3rd place,
    - d) male citizens Republic of Poland: 1st, 2nd, 3rd place,
    - e) team classification: 1st, 2nd, 3rd place with 3 cups each.
  - 2) cash prizes:

male and female classification:

- a) PLN 5000
- b) PLN 3000
- c) PLN 2000
- d) PLN 1500
- 3) in the classification of citizens of the Republic of Poland:
  - a) PLN 2000
  - b) PLN 1500
  - c) PLN 1000
  - d) PLN 500
- 2. The winners in the women's and men's age categories acquire the right to a reduced start in the 10th Night



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Wrocław Half Marathon (provided they register by 28.02.2024)

- 3. All female and male runners who complete the half marathon within a net time of 3 hours will receive commemorative medals. The medals will be presented after the finish line has been run.
- 4. The winners of cash prizes and bonuses will have their personal income tax deducted in accordance with applicable legislation.
- 5. Cups will be presented to the winners of the 9th Night Wrocław Half Marathon according to the minute programme of the event. Prizes not collected during the decoration will be available for collection up to 30 days from the day of finishing the race. After this date they remain at the organiser's disposal.
- 6. Prize money won by female and male athletes will only be transferred to the athlete's designated personal bank account (prizes will not be paid in cash) by 31.07.2023.
- 7. Competitors who finish in places I to X after completing the race may be subject to anti-doping tests. The tests will be carried out by the Commission against Doping in Sport. Each athlete selected by the Commission Against Doping in Sport is required to undergo anti-doping testing under penalty of disqualification. If prohibited substances are detected in sample A, the athlete has the right to request that sample B be tested at his/her own expense. In the case of a negative result of sample B not confirming the use of prohibited substances the competitor's result will remain on the list, whereas in the case of a confirmed result of sample A, the Director of the 9th Night Wrocław Half Marathon will disqualify the competitor. The decision on disqualification is final and PZLA regulations concerning the possibility of appeal do not apply to it.
- 8. The list of prohibited substances and methods is set out in Annex 1 of the International Convention for the Suppression of Doping in Sport of 19.10.2005 and its updates.

# VIII. CATERING

- 1. After completing the run behind the finish line, competitors will receive: water, drinks and a recovery meal Gastro Zone.
- 2. The marked location of the Gastro Zone will be a few dozen metres from the finish line, where the runners will be directed by volunteers after the finish.

# IX. FINANCING

- 1. The costs of organising the 9th Night Wroclaw Half Marathon are covered by:
  - a) Municipality of Wrocław,
  - b) Partners and institutions supporting the 9th Night Wrocław Half Marathon.
- 2. The costs of the entry fee, travel and other benefits are to be paid by participants in the event.
- 3. Verified competitors are entitled to free use of urban and suburban public transport (trams, buses) on 17 and 18 June 2023 upon presentation of their start number.
- 4. As part of the fee for the basic package, the participant receives:
  - a) safety pin starting number,
  - b) regulations with route map (online),
  - c) a commemorative running bag with goodies from the partners,
  - d) water, refreshments along the route,
  - e) water, drinks and a warm recovery meal at the finish,



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- f) deposit bag (to be collected at the depository when handing over your belongings),
- g) accident insurance.

# X. PROTECTION OF PERSONAL DATA

- 1. Pursuant to Article 13(1) and (2) of Regulation (EU) 2016/679 of the European Parliament and of the Council of 27 April 2016 on the protection of natural persons with regard to the processing of personal data and on the free movement of such data and repealing Directive 95/46/EC (hereinafter GDPR):
- 2. For the competitor of the 9th Night Wrocław Half Marathon:
  - 1) The controller of the Personal Data (CPD) contained in the personal form is Młodzieżowe Centrum Sportu Wrocław (Youth Sports Centre Wrocław) with its registered seat at Ignacego Jana Paderewskiego 35, 51-612 Wrocław.
  - 2) CPD has appointed a Data Protection Officer with whom it is possible to correspond in writing, indicating the addressee as Data Protection Officer, to the address indicated in point 1 above or to the e-mail address iod@mcs.wroc.pl or sekretariat@mcs.wroc.pl.
  - 3) The personal data provided by you will be processed on the basis of the agreement related to participation in the 9th Night Wroclaw Half Marathon legal basis Article 6(1)(b) GDPR (thus, your data will be processed to conclude the agreement and fulfil its terms and conditions, perform financial settlements in the period necessary to fulfil the above-mentioned obligations). In the case of a declaration that you are in good health, your personal data will be processed on the basis of your consent legal basis Article 9(1)(a) GDPR. In the case of consent for sending to your e-mail address, information and surveys concerning the events organised by the organisers of the 9th Night Wroclaw Half Marathon legal basis Article 6(1)(a) GDPR.
  - 4) CPD may transfer your data in particular to the following recipients:
    - a) processors to whom CPD will outsource data processing activities,
    - b) other data recipients e.g. insurers, electronic payment services, banks, internet service providers.
  - 5) Your personal data will be processed for 5 years, i.e. for the time necessary for CPD to fulfil its obligations and entitlements under the provisions of law related to the performance of the organisational obligations of the Organiser of the event in question and, in the case of your consent to the processing of data concerning your health, for a period not longer than 5 years or until you withdraw your consent to their processing.
  - 6) You have the right to access your data, to request the rectification and completion of incomplete data, to restrict the processing of your data, to data portability to the extent required by applicable law, to withdraw your consent to the processing of your data and to erase your personal data.
  - 7) For the purposes of exercising the rights set out in point 6 above, requests should be submitted to CPD via the appointed Data Protection Officer at the email address <a href="mailto:iod@mcs.wroc.pl">iod@mcs.wroc.pl</a>
  - 8) You have the right to lodge a complaint with the supervisory authority (within the meaning of the GDPR) regarding
    - processing of your personal data, i.e. the President of the Office for Personal Data Protection.
  - 9) The provision of your personal data is a prerequisite for the conclusion of the contract. Their provision is voluntary, but failure to do so will result in your inability to participate in the 8th Night Wrocław Half marathon
  - 10) Additional information related to your rights and obligations and those of the CPD may be provided to you by the Organiser's BIP website <a href="https://www.mcs.wroc.pl">www.mcs.wroc.pl</a> under GDPR.



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3. For the person authorised to collect the start package for the competitor of the 9th Night Wrocław Half Marathon:

- The controller of the Personal Data (CPD) contained in the personal form is Młodzieżowe Centrum Sportu Wrocław (Youth Sports Centre Wrocław) with its registered seat at Ignacego Jana Paderewskiego 35, 51-612 Wrocław.
- 2) CPD has appointed a Data Protection Officer with whom it is possible to correspond in writing, indicating the addressee as Data Protection Officer, to the address indicated in point 1 above or to the e-mail address\_iod@mcs.wroc.pl or <a href="mailto:sekretariat@mcs.wroc.pl">sekretariat@mcs.wroc.pl</a>.
- 3) The personal data provided by you will be processed pursuant to the provisions of the law, i.e. the Act of 23 April 1964 Civil Code (Dz.U.2019.1145) in connection with the authorisation of a person by you to act on your behalf as a person, i.e. to collect the start package for a competitor taking part in the 8.PKO Nocne Wrocław Half Marathon legal basis Article 6(1)(c) GDPR.
- 4) The CPD may transfer your data in particular to processors to whom the CPD subcontracts data processing activities.
- 5) Your personal data will be processed for 3 months, i.e. for the time necessary for CPD to carry out its duties and powers under the law related to the performance of the organisational duties of the Organiser in question.
- 6) You have the right to access your data, to request the rectification and completion of incomplete data, to restrict the processing of your data.
- 7) For the purposes of exercising the rights set out in point 6 above, requests should be submitted to CPD via the appointed Data Protection Officer at the following email address <a href="ioda@mcs.wroc.pl">ioda@mcs.wroc.pl</a>
- 8) You have the right to lodge a complaint with a supervisory authority (within the meaning of the GDPR) regarding the processing of your personal data, i.e. the President of the Office for Personal Data Protection.
- 9) Provision of your personal data is voluntary, but failure to do so will result in the inability to collect the start package for the competitor taking part in the 8.PKO Night Wrocław Half Marathon.
- 10) Additional information related to your rights and obligations and those of the CPD can be obtained from the Organiser's BIP website <a href="https://www.mcs.wroc.pl">www.mcs.wroc.pl</a> under the tab GDPR.

#### XI. FINAL PROVISIONS

- 1. The organiser shall provide medical care at the start, the route and the finish of the half-marathon. Medical teams will travel along the route and provide assistance in accordance with the "Medical Security Plan" approved by the competent authority.
- 2. The organiser provides each participant with NW insurance for the duration of the run.
- 3. Written protests will be accepted at the stage of the 9th Night Wroclaw Half Marathon on 18.06.2023 until 01:45 a.m. Protests will be considered within 1 hour of submission.
- 4. Participants in the run are required to wear aesthetically pleasing clothing and sports shoes in accordance with PZLA regulations.
- 5. Doctors' decisions on continuing to run during the event are final and irrevocable.
- 6. The competitor confirms that he/she competes solely at his/her own risk and assumes the associated risks, acknowledging that participation in the half marathon involves physical exertion and entails natural risks and the risk of accidents, the possibility of personal injury and physical trauma (including death), as well as damage and loss of a material nature.
- 7. Runners who interrupt the run will be able to use a vehicle marked "End of the Run" to take them to the



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Olympic Stadium.

- 8. Only vehicles with a special pass issued by the organiser and placed in a prominent position are allowed on the half-marathon route.
- 9. Competitors will be insured against accidents. Details of the policy (insurer, policy number, guaranteed sum insured, general insurance conditions) will be published on the website in the Regulations section by 15 May 2023.
- 10. The organiser reserves the right to change the date of the race due to force majeure declared by competent authorities or institutions. The race may also be rescheduled due to circumstances that could not have been foreseen at the time of its announcement and which make it impossible to organise the race.
- 11. The organiser reserves the right to make any organisational changes related to the running of the race.
- 12. The organiser reserves the right to cancel the run. In the event of cancellation through the fault of the organiser, participants are entitled to a 100% refund of the entry fee.
- 13. The organiser reserves the right to change and add to the regulations. Should this occur, this information will be published on the run website.

**Director of the 9th Night Wrocław Half Marathon**